

## Services for Schools 2011 – 2012

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### WHO WE ARE

Immediate Theatre, founded in 1996, works with young people and communities in Hackney and East London to ensure access for all to arts activities that break down barriers and engage people in debate.

We work in partnership to develop work that is:

- Inclusive - working at the grass roots and celebrating diversity.
- Interactive - involving communities throughout the creative process.
- Imaginative - finding new ways to engage with vital issues.

We believe in the transformative power of theatre and the arts to all our lives and the importance of giving young people a voice.

Immediate Theatre was winner of *The Learning Trust Community Organisation of the Year Award* in 2010.

All workshops are led or support by local young people with experience of the subject being explored.

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## *Interactions* page 1 of 2

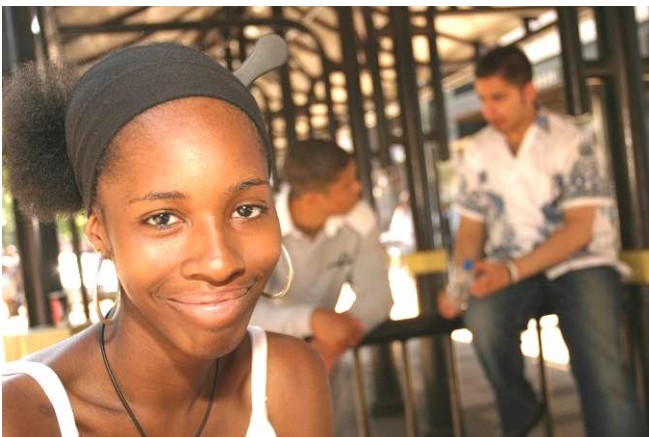
Programmes for young people at risk of school exclusion

### What is it?

Interactions is an innovative and highly successful arts programme that has been delivered in Hackney since 2000. The programme provides opportunities for excluded and hard-to-reach young people, aged 13 – 19, to develop life skills through the arts and signposts them on to positive destinations in education, employment and training.

Using creative strategies, we look to motivate disengaged students by exploring the feelings and behaviours which may have led to their exclusion and help them overcome these barriers through the use of drama.

Using drama, participants can explore the emotional aspects of their problems and ‘rehearse’ alternative behaviours. Young people are able to identify and articulate feelings and emotions, learn to manage difficult situations and maintain effective relationships with a wide range of people. A final performance provides a platform for young people who find it otherwise difficult to express themselves.



the longer we have with the young people the better the results. At end of each programme, the students present their work to peers, parents and teachers. Participation in a performance builds self-esteem and provides a chance for young people to demonstrate what they can achieve. This success can lead to a greater sense of confidence in other areas of learning.

Our programme adopts a holistic approach to achieving positive outcomes through intensive pastoral support, creative learning and working towards personal goals.

Young people have the opportunity to receive Arts Award accreditation and other recorded outcomes while on the project and the opportunity to join out-of-school projects with the company.



## **Interactions** *page 2 of 2*

Programmes for young people at risk of school exclusion

### **Why book it?**

Interactions has been used by the New Visions /Regents team as part of the curriculum since 2006 and is now available to all Hackney Schools.

*"Ofsted were very impressed with the workshop when they visited impromptu. Emotional intelligence through drama is definitely something we want to continue offering our learners."*

**Teacher, New Visions, The Learning Trust**

*"The interactions workshops helped increase my self-esteem and confidence. I was shy to stand up in front of people, but through the programme I have acted in front of an audience, which was fun. I look forward to doing more shows"*

**Student at pupil referral unit**

*"What impresses me about Interactions is that Immediate Theatre seem to channel the young people's creativity energy not just for what we might think of as selfish outcomes but to increase their awareness of their local community and the issues that affect them and their peers"*

**Emma Riches, Hackney Voluntary Action**

### **Case Study: Isaiah**

Having a short attention span, Isaiah found it very difficult to listen to authority and often disrupted lessons and his classroom peers. Through attending Interactions sessions with an alternative education provider, he soon discovered that he had a passion for drama and started to channel his energy into his new-found method of expression. Isaiah now attends additional drama workshops through Immediate Theatre at the Lion Club and Bridge Academy and wants to become an actor.



### **WHAT DOES IT COST?**

- 6-week programme of up to 2 hours: £1,745
- 12-week ½ day programme: £4,000
- 12-week full-day programme: £6,500
- 3-term full-day programme: £11,000

Note: Maximum group size 12. More than six must be supported by school staff.

### **ACCREDITATION AVAILABLE**

Additional charges will be made for accreditation costs.

Contributing to BTEC National Diploma

ASDAN Awards – Relationships

Arts Awards – Bronze & Silver

AQA's entry and level 1

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## Meet The Parents

Sex and relationship education training – for ages 11 - 25

### What is it?

**Meet The Parents** is a range of bespoke SRE courses that are:

- Developed by the community
- Delivered by the community
- Engaging the community

Workshops are tailored to meet the needs of groups of young people aged 11 to 25 and parent groups. Topics include:

- Puberty
- STI's (sexually transmitted infections)
- Assertiveness
- Parenting
- Sex and relationships
- Choices and decisions
- Contraception and other health issues

### Who are we?

Established in 2004, **Meet The Parents** is Immediate Theatre's innovative, peer-led education project that has delivered high quality SRE to over 20,000 young people in Hackney and Tower Hamlets. The project aims to reduce teenage pregnancy rates and improve sexual health and relationship skills amongst young people. Sessions are led by local trained young parents using drama as a stimulus to explore issues and to engage young people in learning.

### Why book **Meet The Parents**?

**"I would prefer if teachers didn't run SRE workshops, as in the past it has felt really embarrassing."**  
*Yr 11 student*

**"This is exactly what I've been looking for."**  
*PSHE Coordinator, Hackney*



### WHAT DOES IT COST?

- One-off workshop of up to 1.5 hours: £250
- Drop Down Day providing 5 X 5 workshops: £990
- Series of six workshops: £1,250
- Assembly presentation: £400

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## '2moro?': No Guns. No Knives.

Crime Prevention Workshops – for ages 8 - 16

### What is it?

*'2moro?' is an innovative, positive peer-led programme about helping young people to make a safe transition into adulthood*

The workshops address some of the serious issues young people face on a daily basis, such as gun, knife and gang crime, using specifically developed play scripts as a stimulus.

Participants will:

- Listen to and watch drama scenes that focus on the highlighted issues.
- Work in small teams to fill in gaps in the action using their own ideas of how the stories should develop.
- Take part in worker-led discussions about the dangers of using weapons and the consequences of getting involved in crime.

### Who are we?

The '2moro?' project began in March 2010 and has been running drama workshops across the borough since July 2010.

This year, we have employed our second cohort of Peer Facilitators who will be directly involved with delivering the '2moro?' Crime Prevention workshops.

### Why book '2moro?'

**"The message of the workshop was don't use weapons because they affect everyone."**

*Adina, age 11*

**"It covered a wide range of issues facing young people... from male, female and parent / carers point of view ."**

*Nickie, Youth Worker, Hackney*



### WHAT DOES IT COST?

- One-off workshop of up to 1.5 hours: £200
- Series of six workshops: £1,000

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## Anti-Social Behaviour

**Workshops** – for 11 years and over

### What is it?

The half-day workshop explores anti-social behaviour using games, theatre exercises and role play. The workshop:

- Provides an introduction to concepts of good citizenship, personal responsibility and peer pressure
- Explores young people's responses to riots and civil disturbances
- Discusses what is acceptable for each individual

Explores strategies to identifying and challenging peer pressure. Initial ideas for this workshop have been developed with youth theatre members over summer 2011 gathering stories experiences from events which took place in Mare Street on August 8<sup>th</sup>.

### Who are we?

**Anti-social behaviour** workshops are led by Immediate Theatre Associate Director Tony Gouveia, supported by peer facilitators (trained local teenagers). Tony has a background of performing and directing nationally and internationally and has worked for companies such as Theatre Centre, Half Moon YPT and Nottingham Roundabout. He has facilitated workshops nationally and internationally from Cardiff to Cuba over the past 27 years.



### WHAT DOES IT COST?

- £300 for a half-day workshop
- For up to 20 students

Phone to us discuss your requirements.

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## Anti-Bullying

**Workshops** – for primary schools

### What is it?

Anti-bullying workshops using theatre games and exercises, engage young people in positive learning. The workshops are interactive and tailored for age groups from reception class to year 6.

Topics include:

- What is bullying?
- Role play strategies for conflict resolution
- Dealing effectively with bullies

We are able to work with all classes and staff, tailoring the length and content of each session according to the age groups and identified priorities requested by your school. Alternatively, we can design a specific workshop for groups that have been experiencing issues. All work can be used to feed into the school's anti-bullying policy.

### Who are we?

**Anti-bullying** is led by Immediate Theatre's Associate Director Tony Gouveia, supported by an experienced workshop leader and a peer facilitator (local teenager). Tony has a background of performing and directing nationally and internationally and has worked for companies such as Theatre Centre, Half Moon YPT and Nottingham Roundabout. He has facilitated workshops nationally and internationally from Cardiff to Cuba over the past 27 years.

### Why book the *Anti-Bullying Workshop*?

**"The children really enjoyed the sessions and are still talking about it today."** *Feedback from teacher at Tyssen Primary School day after workshop.*



### WHAT DOES IT COST?

- £1,000 for 2 day workshop
- £600 for 1 full day
- £350 for half day
- Session times and numbers are negotiable
- Phone us to discuss your requirements

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## Identity and Diversity

Workshops – for 14 years and over

### What is it?

The one-day *Identity and Diversity* workshop for ages 14 years and over, explores our personal landscape of identity and cultural rules of behaviour using games, theatre exercises and role play. The workshop:

- Provides an introduction to concepts of equality and cultural identity
- Explores identity by looking at the use of language to discriminate
- Discusses what is acceptable for each individual
- Devises a unified approach to identifying and challenging discrimination

### Who are we?

*Identity and Diversity* is led by Immediate Theatre's Associate Director Tony Gouveia, supported by an experienced workshop leader and a peer facilitator (local teenager). Tony has a background of performing and directing nationally and internationally and has worked for companies such as Theatre Centre, Half Moon YPT and Nottingham Roundabout. He has facilitated workshops nationally and internationally from Cardiff to Cuba over the past 27 years.

### Why book *Identity and Diversity*?

"The workshop was really good. I am glad I did it. It's the sort of things we never learn in the classroom." *Tiffany, aged 15.*

"After the workshop, the group showed a new togetherness and I could see they felt empowered to challenge people's assumptions."

*Peter Griffin, Youth Arts Worker*



### WHAT DOES IT COST?

- £1,000 for 2 day workshop
- £600 for 1 full day
- For 25 – 30 students

Phone to us discuss your requirements.

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## Thoughts Allowed

**Mental health workshop – for ages 13 and over**

### What is it?

*Thoughts Allowed* is peer-led project exploring mental health with young people. Drama is used as an emotional facilitator, presenting characters and situations with which the participants can connect in order to engage with important and delicate issues. This approach has been proven to be highly successful when working with young people. Participants are led through a series of creative exercises and discussions that enable the group to:

- Gain an improved understanding of what mental health is
- Build self confidence, trust and self esteem
- Using character to facilitate discussions about mental health in a safe and creative environment

The workshops last up to 1.5 hours. The project is intended to provoke group discussion about mental health within East London and to provide follow up support in the form of links to other local activities/initiatives and services in the borough.

### Who are we?

*Thoughts Allowed* was developed by Immediate Theatre in partnership with Young Minds, the national charity for children's mental health, and The Mellow Campaign, an East London mental health organisation targeting BAME groups. Immediate Theatre has extensive experience of working with mental health issues and in October 2002 we were presented with a Community Care Award for our mental health work. The workshops will be led by an experienced facilitator and a peer educator.

### Why book *Exploring Identity and Diversity*?

**"I have become more confident in talking about what mental health is all about...it not just about 'mad' people."**

**"This is the beginning of an important and creative journey."**

*(Comments from young workshop participants)*



### WHAT DOES IT COST?

- One workshop of up to 1.5 hours: £250
- Series of 6 workshops: £1,200
- All sessions for up to 30 young people

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## *Beat Them / Join Them?*

Performance workshop exploring Bullying and Knife Crime - for years 7 & 8

### What is it?

*Beat Them / Join Them?* explores the theme of bullying; the performance workshop will inspire your young people to take control of their lives and make positive choices. The action follows Lydia, Sarah and Jonah as they discover who they want to be, how they approach difficult choices and the consequences of their actions. Guided by a facilitator, the audience explores the characters' actions and gives their own advice as to what could have been done differently to ensure a positive outcome.

### Who are we?

*Beat Them / Join Them?* is presented by Immediate Theatre & Face Front Inclusive Theatre, part of the Theatre in Schools Partnership (TiSP). The project that works with an integrated company which includes people with disabilities. The Theatre in Schools Partnership (TiSP) creates engaging and accessible issue-based theatre in partnership with schools; supporting the social, educational and creative development of all young people and helping them to lead active, healthy positive lives. TiSP brings together extensive expertise from theatre professionals to support the touring of theatre to schools in Tower Hamlets, Newham, Hackney, Enfield, Haringey, Barking & Dagenham, Islington, Redbridge, Waltham Forest and the City.



### WHAT DOES IT COST?

- £800 per day during which the team can perform to 3 student groups of up to 90 young people each
- Lasts 1 hour

NB – We are currently seeking funding for this project so that we can subsidise the cost for schools. Please let us know if you are interested

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### Why book *Beat Them / Join Them?*

**“I learnt how alcohol and drugs can change people and get them into trouble”**

*Student, Gladesmore School, Haringey*

**“You engaged a challenging year group with a fantastic play. I’ve rarely seen them so well behaved and they made brilliant contributions”**

*Teacher, Gladys Aylward School, Enfield*

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## Now You See Me, Now You Don't

Road safety performance - for year 6 students

### What is it?

The action focuses on a crash in which Aaron, an 11 year old boy, is hit by a car. The play explores the events leading up to the crash for Aaron and his best friend Kali who have recently started secondary school. The audience are asked to become detectives in trying to establish who is to blame for the incident.

The performance and workshop improves young peoples' understanding of the fact that they have increasing control and responsibility over their own and other peoples' safety. The project also explores transition issues.

### Who are we?

*Now You See Me, Now You Don't* is presented by Immediate Theatre, part of the Theatre in Schools Partnership (TiSP). Theatre in

Schools Partnership creates engaging and accessible issue-based theatre in partnership with schools; supporting the social, educational and creative development of all young people and helping them to lead active, healthy positive lives. TiSP brings together extensive expertise from theatre professionals to support the touring of theatre to schools in Tower Hamlets, Newham, Hackney, Enfield, Haringey, Barking & Dagenham, Islington, Redbridge, Waltham Forest and the City.



### WHAT DOES IT COST?

- £500\* per show during which the team can perform to up to 90 students
- The performance workshop lasts 75 minutes

\*(Price dependent on a full week's tour being booked).

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### Why book *Now You See Me Now You Don't*?

"All the members of staff who watched the production said that it was the best show they had ever seen."

*E. Khwaja, PSHE and Healthy School Coordinator,  
Bruce Grove Primary School, Haringey*

"...it's made me think more about how dangerous a road is."

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*“Ofsted were very impressed with the workshop when they visited impromptu. Emotional intelligence through drama is definitely something we want to continue offering our learners.”*

Teacher, New Visions, The Learning Trust

*“The children really enjoyed the sessions and are still talking about it today.”*

Feedback from teacher at Tyssen Primary School day after Anti-bullying workshop.

*“This is exactly what I’ve been looking for.”*

PSHE Coordinator, Hackney  
Regarding *Meet The Parents*

*“The message of the workshop was don’t use weapons because they affect everyone.”*

Adina, aged 11 regarding ‘2moro?’ Project

*“You engaged a challenging year group with a fantastic play. I’ve rarely seen them so well behaved and they made brilliant contributions”*

Teacher, regarding *Beat Them / Join Them?*.  
Enfield